

# PROGRAMS

THE  
WOODLANDS  
  
IMAGINE THE POSSIBILITIES



# A BARRIER-FREE ENVIRONMENT

## ABOUT THE WOODLANDS

Since 1998, The Woodlands has been enriching the lives of children and adults with disabilities and chronic illness by providing a barrier-free environment, innovative programs and activities, and an impassioned, nurturing staff. The Woodlands sponsors year-round programs and activities that support and strengthen the development of skills in socialization, creative expression, environmental awareness, recreation, and life skills. These programs provide experiences and services for all age groups and are both residential and non-residential.



# SUMMER CAMPS

The Woodlands offers residential Summer Camp from June through August. Camps are designed to create a safe, enriching, and inclusive summer experience for individuals with disabilities and chronic illness. Through accessible facilities, adaptive activities, and skilled medical and counseling staff, our summer camps emphasize independence, social growth, and well-being. Highly trained staff are supported by immersive pre-camp training, and financial aid options make the experience more accessible.



# WEEKENDS OF INDEPENDENCE



## WEEKEND RETREATS

The Woodlands offers year-round weekend overnight retreats—typically scheduled from Friday through Sunday during the spring (January–May) and fall (September–December)—designed for different age-based groups (such as children, teens, young adults, and adults).

These retreats take place on our fully accessible, 52-acre campus in Wexford, PA, offering participants opportunities for independence, social connection, recreation, and well-being in a supportive, barrier-free environment.

Healthcare Associates and Counselors remain on-site overnight, ensuring safe, engaging experiences while also providing caregivers with a well-deserved respite. These retreats are structured to reinforce social skills, self-perception, and healthy lifestyle habits through adapted recreational activities—mirroring the core goals of The Woodlands' broader programming.



# CLUBS

The Woodlands offers a rich variety of club programs during both Spring (January–May) and Fall (September–December) that nurture social growth, creative expression, and leadership among individuals with disabilities and chronic illness. Highlights include:

- **Arts & Music Clubs** (Ages 13+) – These weekly classes held during two 12-week semesters in the Fall and Spring provide accessible, expressive outlets for participants of all ages to explore and share their creativity in the following areas:
  - Music Ensemble
  - Woodlands Theatrics
  - Woodlands ART Here



- **BLOOM** (Ages 13-21) – This program takes place two Saturdays per month in the Fall and Spring and emphasizes transitional skill building in areas like leadership, employment, health, and communication.
- **Camp Woodlands Jr.** (Ages 6-12) – This Saturday day camp experience combines creative arts, music, socialization, and foundational life-enrichment activities—serving as a welcoming and supportive introduction to Woodlands’ programming



# RESOURCES

Payment Options:



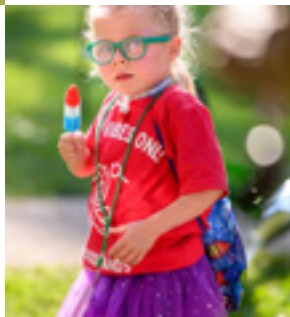
How to Apply:



Contact Us: 724-935-5470



MAKE FRIENDS  
FOR LIFE





REACH NEW  
HEIGHTS

## JOIN US!

The Woodlands is proud to serve as a resource for other organizations and non-profits serving the disability community. If you are interested in partnership, hosting an event on our barrier-free campus, or introducing students to an educational experience, please contact Kristen Link, Senior Director of Operations, at [klink@woodlandsfoundation.org](mailto:klink@woodlandsfoundation.org).



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