



# MENU

## YOUNG ADULT CAMP WOODLANDS

### August 1 – August 6

	BREAKFAST	LUNCH	DINNER
<b>Sunday</b>	None Served	None Served	Chicken & Cheddar Enchilada (w/cream sauce) Tossed Salad Sopapilla Cheesecake Fruit Basket Beverage
<b>Monday</b>	Egg, Potato and Cheese Casserole Assorted Breads Yogurt Cup Fruit Basket Beverage	Deli Sandwich on a bun  Lettuce, tomato  Potato Smiles  Cantaloupe  Fruit Basket  Beverage	Baked Penne W/cheese & Marinara  Meatballs  Veggie Blend  Fruit Basket  Beverage
<b>Tuesday</b>	Cereal Choice Assorted Bread Yogurt Cup Fruit Basket Beverage	Taco Tuesday (tortilla or Fritos, beef, cheese, lettuce, salsa, sour cream)  Rice  Grapes  Fruit Basket  Beverage	Cheddar Sausage  Green Beans  Pretzels  Fruit Salad  Fruit Basket  Beverage



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	BREAKFAST	LUNCH	DINNER
<b>Wednesday</b>	Cereal Choice Yogurt Cup Assorted Breads Fruit Basket Beverage	Mini Corn Dogs Tossed Salad ( <i>lettuce mix, tomato, cucumber</i> ) Honey Dew Fruit Basket Beverage	Hamburger on a bun Lettuce, tomato, cheese, pickle Chips Watermelon Fruit Basket Beverage
<b>Thursday</b>	Cereal Choice Yogurt Cup Assorted Bread Fruit Basket Beverage	Assorted Pizza Tossed Salad Fruit Cup Frozen Treat Assortment Fruit Basket Beverage	Grilled Chicken Pasta Salad Cole Slaw Apple Crisp Fruit Basket Beverage
<b>Friday</b>	Pancake/sausage Wrap Assorted Breads Yogurt Cup Fruit Basket Beverage	None Served	None Served

