

MENU ADULT SPORTS CAMP June 6-June 11

	BREAKFAST	LUNCH	DINNER
Sunday			Chicken Parmesan
			Linguini Pasta w/Marinara Sauce
	None Served	None Served	Italian Blend Vegetables
			Garlic Bread
			Ice Cream Cup chocolate or vanilla
			Beverage
Monday	Egg Casserole	Pizza cheese or pepperoni	Chicken Fajita
	English Muffins	Carrot Sticks	tortilla, seasoned chicken, cheese, salsa, sour cream
	Yogurt Cup	Sorbet or Sherbet	White Rice
	Fruit Basket	Fruit Basket	Tossed Salad lettuce mix, tomato, cucumber
	Beverage	Beverage	Fruit Basket
			Beverage
Tuesday	Cereal Choice	Cheeseburger Mac & Cheese	Italian Sausage Hoagie
	Bagels	Cavatappi pasta, ground beef, cheese & sauce	bun, sausage in tomato sauce w/ peppers & onions
	Yogurt Cup	Tossed Salad lettuce mix, tomato and cucumber	Broccoli
	Fruit Basket	Grapes	Mixed Fruit Cup
	Beverage	Fruit Basket	Fruit Basket
		Beverage	Beverage



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	BREAKFAST	LUNCH	DINNER
Wednesday	Cereal Choice	Turkey and Cheese Sandwich	Hawaiian Chicken
	Yogurt Cup	Pretzels	Buttered Noodles
	English Muffins	Cole Slaw	Green Beans
	Fruit Basket	Cantaloupe	Fruit Basket
	Beverage	Fruit Basket	Beverage
		Beverage	
Thursday	Cereal Choice	Chicken Tenders	Baked Ham w/Pineapple
	Yogurt Cup	Gnocchi	Sweet Potato Casserole
	English Muffins	Tossed Salad lettuce mix, tomato and cucumber	Roasted Zucchini Squash
	Fruit Basket	Applesauce Cup	Irish Brownie
	Beverage	Fruit Basket	Fruit Basket
		Beverage	Beverage
Friday	Belgian Waffle		
	w/syrup		
	Sausage Patty	None Served	None Served
	Chocolate Chip		
	Muffins		
	Yogurt Cup		
	Fruit Basket		
	Beverage		