



ABOUT THE WOODLANDS

The Woodlands signature programs, expert staff and adapted facilities are all designed around our mission to enrich the quality of life for individuals and families navigating the journey of disability and chronic illness. We also collaborate with other nonprofits serving individuals with varying disabilities to deepen our offerings and expand resources available to participants and caregivers.

Our barrier-free environment encourages everyone, of every ability and disability, to safely explore what's possible and discover new levels of independence. Hands-on experiences guided by our caring staff help to reinforce social, cultural, environmental, recreational and spiritual growth. Participation is encouraged at every level, and celebrated in a welcoming and approachable group setting such as our camps, retreats, clubs and events.

Come explore our 52-acre site in the North Hills of Pittsburgh. Nestled on serene, private wooded property, our grounds feature: an indoor heated pool, 48-bed lodge, dining hall, creative arts and computer lab, activity center, camping area, sports court, nature trail, adapted zip line, amphitheater, adapted kitchen, adapted archery range, and a par-3 adapted golf course. Every experience at The Woodlands is made to be as accessible as possible – so participation can be enjoyed by all individuals and families ready to see what's possible!



The Woodlands | 134 Shenot Road | Wexford, PA 15090 724.935.6533 | www.MyWoodlands.org



THE PROGRAMS

The Woodlands programs are getaways designed to be fun! There's nothing quite like joining in the group events, camps or clubs to open minds, challenge comfort zones, overcome barriers and forge new friendships. Our programs offer safe, inclusive experiences that provide enrichment for participants with all disabilities – while caregivers have a chance for a welcome respite.

The five goals of The Woodlands' programs are:

- Facilitate peer socialization and utilization of social skills for healthy relationships through recreational experiences.
- Enrich independence with self-care through practicing activities of daily living in a supported environment.
- Encourage participation in adapted recreational activities in a group environment.
- Grow self-perception through positive recreational experiences.
- Enhance physical fitness through adapted physical activity and healthy cooking activities.

Multiple payment options available. Scholarships and state waivers accepted.

JOIN OUR TEAM

Healthcare Associate: The Healthcare Associate is primarily responsible for distributing medication, providing appropriate professional medical support, and supporting personal care routines. Healthcare Associates remain on campus with participants overnight during all camps and retreats at The Woodlands. Healthcare Associates will work 1-2 weekends per month in the spring and fall semesters. In the summer, Healthcare Associates will work for 5-6 weeks as a Healthcare Associate and 3-4 weeks as a counselor.

Counselor: The Counselor ensures that participants reside in a clean, healthy, and safe environment while supporting and attending to participant needs. Counselors remain on campus with participants overnight during all camps and retreats at The Woodlands. Counselors will work 1-2 weekends per month in the fall and spring semesters and 10 weeks in the summer.



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