

# Snack Attack: Cereal Bar Treats

## Materials

- Microwave safe bowl
- Spoon to mix
- Pan (13x9 cake pan works best)
- Cooking spray

## Ingredients

- 3 tablespoons butter
- 6 cups cereal of your choice
- 1 package (10 oz., about 40) JET-PUFFED Marshmallows  
**OR**
- 4 cups JET-PUFFED Miniature Marshmallows

## Instructions

1. In microwave-safe bowl heat butter and marshmallows on HIGH for 3 minutes, stirring after each 1 minute. Stir until smooth. Microwave cooking times may vary.
2. Add in cereal and stir until evenly coated with marshmallow
3. Coat pan in cooking spray (13x9 pan that is at least 2 inches deep is suggested).
4. Scoop mixture into pan and use the spoon to press it all out evenly in the pan.
5. Let cool.
6. Cut into squares and enjoy!

## Note

- For best results, use fresh marshmallows. Most marshmallows are gluten and dairy free.
- 1 jar (7 oz.) marshmallow crème can be substituted for marshmallows.
- Diet, reduced calorie or tub margarine is not recommended. If dairy free butter is used, it should be okay!
- Store no more than two days at room temperature in an airtight container.
- To freeze, place in layers separated by wax paper in airtight container. Freeze for up to 6 weeks. Let stand at room temperature for 15 minutes before serving.