

Woodlands Virtual Programs!

Throughout the week, join Woodlands Staff members in virtual activities, Zoom meetings, and videos to stay engaged! We cannot wait to see you all in the Fall. But for now, this will do!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Recycled Art with Kelsey Water bottle	2	Zoom Lunch Youth and Teen @ 12:00 pm	4
5	6	7 Workout with Beary	8	9 Snack Attack- Cereal Bars	10	11
12	Recycled Art with Kelsey Tissue box	14	Toom Lunch Young Adult @ 12:00 pm	16	17 Nature walk with Kelsey on Zoom @ 10:00 am	18
19	20	21 Snack Attack- Popcorn	22	23 Workout with Beary	24	25
26	27 Nature walk with Kelsey on Zoom @ 10:00 am	28	Zoom Lunch Adult @ 12:00 pm	30	Recycled art with Kelsey Egg Carton	



We want you to see what you're up to! Share your videos, pictures and experiences with us on our social media. Check our social media weekly for contests and more fun!

Contact Kelsey Prough, Program Coordinator at kprough@woodlandsfoundation.org with questions!







July Materials List

Below is a list of all the materials you will need for the highlighted activities. Get creative and show us what you create!

July 1- Recycled Art

- Water bottle
- Colorful sharpies or paint
- String (if you don't have string, a lot of people use a stick)
- Scissors

July 9- Snack Attack

- Microwave
- Favorite cereal
- Marshmallows (1 bag regular sized ones, 4 cups if using miniature ones)
- Butter
- Microwave safe bowl
- Spoon
- Pan
- Cooking spray

July 13- Recycled Art

- Tissue box
- 4-5 rubber bands
- Markers, paint, paper, gems, glue, stickers, and any decorations you want to use
- **OPTIONAL: A paper towel roll for the "neck of the guitar", you will also then need scissors
 - o If you want to skip this step, you can move on to the next one

July 21- Snack Attack Microwave

- Large bowl
- Spoon (to mix)
- Bagged popcorn (regular if sharing, snack size if eating alone)
- Any seasonings, toppings, candy, etc. that you have in the house/want to put on your popped corn

July 31- Recycled Art

- Egg carton
- Paint or markers
- String (yarn, ribbon, anything dangly for the tentacles)
- Scissors
- Paper
- Glue