

Date: _____

Return Address:

Dear _____,

My name is _____. I am a participant at The Woodlands in Wexford, PA. The Woodlands is a 52-acre camp and retreat facility for adults and children with disability and chronic illness. To learn more about The Woodlands visit www.MyWoodlands.org.

I will tell you a little bit about me.

Things I like to do are: _____
_____.

Interesting things about my city are: _____
_____.

I am sending you a Flat Barry; a variation on the famous Flat Stanley (flatstanleyproject.com). I hope you will look after him, take him places, do interesting things with him, then mail him back with a journal and photo of what he did with you. By taking your picture with Flat Barry and sharing it on social media, you will help more people learn about all The Woodlands has to offer to children and adults with disability and chronic illness.

Thank you.

Your friend,
