





LETTER FROM THE EXECUTIVE DIRECTOR

Dear Friends,

The Woodlands celebrated two milestones in 2018, both significant and impactful: the 20th anniversary of The Woodlands as a free-standing organization, and the passing of The Woodlands' founder, Dr. Donald H. Reigel. It is my hope that this report captures both the growth of The Woodlands and the tremendous influence Dr. Reigel had throughout.

The Woodlands' campus has changed dramatically since its establishment in 1937 as a summer camp for underserved youth of Western Pennsylvania. The metamorphosis began in 1985, under the vision of Dr. Reigel, when the Spina Bifida Association of Western Pennsylvania (SBAWP) leased the property as a location for summer programs for children with spina bifida. During the next 14 years, two capital campaigns raised more than \$4.7 million resulting in a dramatic expansion in administration and programming and numerous capital improvements that transformed the campus into a state-of-the-art, fully accessible facility.

The SBAWP formally established The Woodlands Foundation as a 501(c)(3) nonprofit organization in 1998 to assume full responsibility for managing the campus and expanding the reach beyond those with spina bifida to children, young adults, and adults with numerous disabilities and chronic illness. In 2006, The Woodlands acquired ownership of the property ensuring the continued use and development of this regional resource.

Today, The Woodlands' serves thousands of participants annually in either residential or non-residential programs and partners with agencies and organizations to host camps, retreats and other programming. Guided by Dr. Reigel's emphasis on service, a committed Board of Directors and a strategic plan to enhance and expand program offerings and the use of our campus, The Woodlands is driven by our mission to enrich the lives of those we serve and grateful to the many individuals, corporations and foundations that have helped us along the way.

Sincerely,

Joseph R. Milharcic Executive Director

When I observe our participants, I am always left with a special sense of community that exists between themselves and with our staff—a culture of belonging, accepting, growing, and caring in part because of what they experience at The Woodlands. ¶

> **DOUGLAS A. CLARK** CHAIRMAN. THE WOODLANDS BOARD OF DIRECTORS



A HISTORY OF **ADVOCACY**

1937-2018

IN LOVING MEMORY of The Woodlands' founder, Dr. Donald



wife, Gay, to enrich the lives of children and individuals and their

A COMPASSIONATE LEADER

interest in research and academic excellence, Dr. Reigel published 125 scientific articles and contributed to the contents of over 20 textbooks. In Society of Pediatric Neurosurgery. Presidency. Dr. Reigel was a founding impacted thousands of served as Chairman of the Board when He also served in a leadership the Pediatric Section of the American

and chronic illness find the freedom and empowerment to experience programs that enrich lives. Fully accessible and barrier-free facilities open new doors to safe, inclusive and engaging participant opportunities. Our staff is committed to facilitating social, cultural, environmental, recreational and spiritual growth through hands-on experiences.

The Woodlands is where children and adults with disability

THE **POWER OF MUSIC**

HE NOTES FROM THE HEART MUSIC PROGRAM started in

1999 when a group of musical artists and music lovers in the Pittsburgh area came together with a desire to create a summer program that would bring the joy of music to children and adults with disabilities and chronic illness. After a series of special musical presentations and a pilot music retreat, the need for a dedicated program was apparent.

Today, Notes from the Heart offers a year-round program to include two week-long residential summer camps and a full music ensemble held throughout the academic year. The music program offers a wide variety of activities and programs that range from music appreciation, theory, composition, singing, and instrument playing under the guidance of internationally and locally known musicians, artists, conductors and educators.





INSPIRATION **ABOUNDS**

CAMP INSPIRE

eveloped in partnership with Children's Hospital of Pittsburgh of UPMC (CHP), Camp Inspire is one of the few camps in the United States that is specifically designed for children and teens who are ventilatordependent. The Camp provides a 6-day, 5-night residential experience that will inspire memories and learning for a lifetime. Camp Inspire is a place

where youth with tracheostomies, ventilators, and BiPAP machines can be themselves with all barriers removed – and just be a kid! In addition to having a memorable weeklong adventure packed with joy, this social experience provides campers with the chance to interact with other children with similar situations.

THE BLOOM PROGRAM

ransitional life skills programs for adolescents function as a bridge between school programs and the opportunities of adult life. In partnership with Children's Hospital of Pittsburgh of UPMC, the Building Lifestyles for Ongoing Opportunities & Movement Program (BLOOM) was conceptualized in 2014 as a reverse inclusion program for adolescents with and without disabilities between the ages 13-21. Adolescents with disabilities are paired with a typically developing peer to share in activities

that focus on hands-on, inclusive and collaborative experiences. The program includes a one-week residential summer camp and biweekly sessions during the academic year that are centered on postschool outcomes in the areas of leadership, empowerment, teamwork, independence and health and wellness. BLOOM empowers teens to take on life outside of school while building social and emotional skills that will be beneficial in all aspects of their lives.



IT TAKES A VILLAGE

A series of capital development

projects, primarily funded by charitable

dollars, help establish The Woodlands

as a premier facility designed to help

children and adults learn and improve

spiritual and environmental enrichment.

life skills through social, recreation,

THE WOODLANDS TIMELINE

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19	937	1944	1983	1985
Es un yo O'e	NDING A HOME stablished in 1937 as a camp for inderprivileged and orphaned buth run by Father Lawrence A. 'Connell, a Catholic priest of St. ary's Seminary in Baltimore City.	PASSING ALONG THE SPIRIT In 1944, Father O'Connell offers the property to the Variety the Children's Charity, who becomes owner and shepherd of the property, continuing the mission.	LEGACY OF OPEN DOORS In 1983, The Spina Bifida Association of Western Pennsylvania (SBAWP) runs a two-week pilot camp for children with spina bifida.	THE WOODLA Energized by t experience, SE the land for su developmenta in 1985. Shortly property's nam

ANDS

the camp SBAWP leases ummer and tal programs starting tly thereafter, the me is changed to The Woodlands.

1995

ALL ARE WELCOME

SBAWP conducts a strategic planning process in 1995, which establishes the goal of opening the property to all people with disability and chronic illness.

HANDS-ON EXPERIENCE

THE STAFF DEVELOPMENT PROGRAM

hrough collaborative relationships with numerous colleges and universities, The Woodlands has become a referral source and a training ground for students in health, education, or human service fields of study. Over the course of 2018, 89 seasonal staff positions were filled from 27 different colleges and universities for the positions of counselors, unit coordinators, life skills and recreation activity instructors, and healthcare associates for either 8-10 weeks in the summer (during which staff are in residence at The Woodlands), or for weekend retreats and special programming held throughout the academic year. The Woodlands has proved to be the perfect environment to supplement academic and

1999

NOTES FROM THE HEART

Founded by Sydelle and the

the joy of music to children

and adults with disability and

late Dr. Laibe A. Kessler to bring

MUSIC PROGRAM

chronic illness.

theoretical experience as program staff positions offer hands-on exposure to a multitude of disabilities; provide students with opportunities for internships; practical job experience; and service learning.

In order to prepare the summer program staff, The Woodlands developed Camp Academy, an intensive, one-week training course that occurs the week prior to the start of summer programming. During Camp Academy, professionals including physical therapists, registered nurses and behavior specialists conduct workshops specific to their areas of expertise so that trainees can learn techniques and strategies that will ensure the optimal care and safety of those we serve.

"I love seeing our committed staff work to improve lives – teaching positive life skills, respect for others, confidence and independence. It all happens in an enthusiastic environment with smiles and laughter all around. What could be better?"

SUSAN C. WILLIAMS PAST PRESIDENT, THE WOODLANDS BOARD OF DIRECTORS

THE WOODLANDS TIMELINE

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DEFINING MOMENTS

The independent nonprofit Woodlands Foundation, Inc. is formed in 1998, carrying over the management, marketing and maintenance of the property. SBAWP then became a provider of direct service to families and individuals with spina bifida.

2006

A PLACE LIKE NO OTHER

free environment.

In 2006, The Woodlands purchases

the property from the Variety the

Children's Charity, ensuring the

future of The Woodlands and its

ability to provide meaningful, joyful

and rich experiences in a barrier-

THE CORPORATE VOLUNTEER PROGRAM aintaining The Woodlands' campus and keeping full access throughout the year offers many challenges. The Woodlands' flagship campus consists of 15 buildings, approximately ½ mile





of roadway, and 5 parking areas. The Corporate Volunteer Program began in 2002 as a way to find assistance with maintenance needs such as raking leaves, painting, cleaning, and landscaping while providing corporations and groups with community service projects. The benefits are many: in addition to providing in-kind labor, the Program offers the opportunity for The Woodlands to showcase our facility to those who live and work in the greater community.

2010

488

Total corporate

volunteers

WELLNESS CENTER DEDICATED

The Woodlands Wellness Center is dedicated after capital funds were raised to expand facilities, programming and community outreach.

2012

PARTNERSHIP WITH UPMC CHILDREN'S HOSPITAL OF PITTSBURGH

The Woodlands partners with UPMC Children's Hospital of Pittsburgh on the development of programs, and appoints Dr. Jason M. Edinger, Director Pediatric Rehabilitation Medicine, as The Woodlands' Medical Director.

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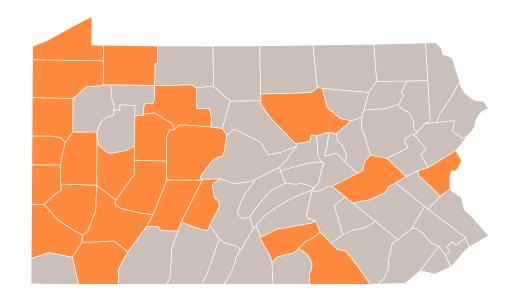
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UNIQUE PROGRAMS & OPPORTUNITIES

WOODLANDS GOLF COURSE

he Woodlands' adapted par-3 golf course, designed by nationally known golf course architect Dominic Palombo, ASLA, is specifically configured to provide individuals with disabilities the opportunity to learn, play, and appreciate the game of golf. The only facility of its kind in the region, this 9-hole course offers a unique experience for individuals learning the game of golf or returning to the game after a setback from injury or illness.

In addition to offering Woodlands' participants the opportunity to discover the game of golf, The Woodlands proudly continues its partnership with the Professional Golfers' Association of America's Helping Our Patriots Everywhere (HOPE) program. PGA's HOPE program provides golf as a therapeutic rehabilitation tool for military veterans. The program is designed to enhance rehabilitation, both physically and socially. PGA professional instructors, working with participants on a 5-1 ratio, provide instruction on adaptive golf techniques and fundamentals utilizing The Woodlands' golf course and specialized equipment. THE WOODLANDS 2018 PARTICIPANTS BY COUNTY



PENNSYLVANIA WEST VIRGINIA

Allegheny Armstrong Beaver

Blair

Elk

Erie

Fayette

Indiana

Jefferson

Lawrence

Lycoming

Northampton Schuylkill Warren

Washington

Westmoreland

Mercer

York

Butler

Cambria

Clearfield

Crawford Cumberland **OHIO** Mahoning

Brooke

INDIANA Delaware

NEW JERSEY Gloucester

MICHIGAN

Oakland

TENNESSEE Sumner

FLORIDA Nassau



THE WOODLANDS TIMELINE

2014

WOODLANDS PURCHASES ADDITIONAL PROPERTY

With private funding, The Woodlands purchases 21.6 acres adjacent to the flagship campus bringing the total campus size to 52 acres. Future development includes the reconstitution of a breached pond to offer fishing and boating to program offerings.

2019

TODAY + TOMORROW

The Woodlands now serves thousands of people annually and partners with agencies and organizations to host camps, retreats and other programming. We foster new relationships with organizations that serve individuals with special needs, and continuously develop our facilities and programming to further enrich the lives of children and adults with disability and chronic illness.



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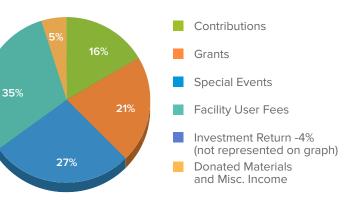
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2018 FINANCIAL Statement

SUPPORT AND REVENUE





Levery year since I was eight years old, I have come to the Notes from the Heart camp with the ambition of doing something meaningful. One year, I got to emcee the final concert alongside conductor and teacher Edward Cumming. Another year, I performed songs that I co-wrote with conductor Lucas Richman, also a teacher. I think this is one of the best music programs anywhere. Great things happen here. ¶

> MARK STEIDL NOTES FROM THE HEART CAMPER SINCE 2003

THANK YOU TO OUR DONORS!

The Woodlands gratefully acknowledges the many individuals, corporations, organizations and foundations that have together contributed funds or in-kind goods in support of our mission. The following is a list of donors who made contributions between January 1, 2018 and December 31, 2018.

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In fiscal year 2018, The Woodlands received monetary or in-kind support from 593 donors.

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Mrs. Mary Werner

Weston Fnancial

Ms Maria A Staffiere

Mr. and Mrs. Steven R. Donnelly

Elaine and Jack Josephson

Dr. and Mrs. Donald H. Reigel

Ms. Lori P. Miller

Clakeley Fund

Mr. and Mrs. Eric Clakeley Mr. and Mrs. John Ray Clark Mr. and Mrs. Thomas Doré Mrs. Corinne Lacey Mr. and Mrs. David E. McConahy Mrs. Jackson Mowry Mr. and Mrs. Richard Phelps, III Mr. and Mrs. Vincent J. Plocido Mr. Robert Schwab

In honor of Bunny and Eddie Solomon Mrs. Sydelle Kessler

In honor of Mr. and Mrs. Craig A. Tillotson Mr. and Mrs. Curtis Fleming

In honor of Trip Holdings, LP Employees of Community Bank

In honor of Alex Weber Mr. and Mrs. Jeffrey Weber

In honor of Susie Williams Ms. Pamela Conroy Breslin

TRIBUTE GIFTS IN MEMORY OF

In memory of Paul Anderson Mr. and Mrs. Paul Anderson

In memory of Julie A. Clakeley Mr. and Mrs. Arthur Cantrell Mr. and Mrs. John R. Clark Mr. and Mrs. David McConahy

In memory of Betty Constantine Ms. Andi Kush

In memory of William Elkins The Clakeley Family

In memory of John Gould Ms. Noreen Liebrock *In memory of Areta Kalogeras* Ms. Megan Carlton

In memory of Jane Katselas Mrs. Sydelle Kessler Ms. Susan Nernberg Mr. James H. Rich Ms. Daina M. Romualdi Mr. and Mrs. Gary Serafini

In memory of Dr. Laibe A. Kessler Mr. and Mrs. Seth Pearlman

In memory of Mike McHugh Mr. and Mrs. Peter W. Clakeley

In memory of Amy MacKay Mr. and Mrs. Jack Beiler *In memory of Evelyn Anne Mullane* Mr. and Mrs. Peter W. Clakeley

In memory of Dr. Donald H. Reigel

Mr. and Mrs. Peter W. Clakeley Mr. and Mrs. Jeffrey Firestone Dr. Stuart and Mrs. Esther Glasser Mrs. Sydelle Kessler Mrs. Diana (Dee) McClay Mr. and Mrs. Arch Riley Ms. Joliane K. Schroeder

In memory of Nan Sutherland Mr. and Mrs. William D. Abraham

In memory of Robert Windham Mr. and Mrs. Peter W. Clakeley

CORPORATIONS AND ORGANIZATIONS

The Woodlands gratefully acknowledges the 147 corporations and organizations that provided monetary and in-kind support in fiscal year 2018.

First Commonwealth Bank

84 Lumber Company/Nemacolin Woodlands A. Martini & Company, Inc. ABM Building Solutions Acorn All Star Limousine Allegheny Health Network Alliance RX Walgreen's Prime American Eagle Outfitters American Legion Post 145 American Legion Post 980 – SAL Squadron #980 American Manufacturing, Inc. Amerikohl Aggregates, Inc. Amerikohl Mining, Inc. Appalachian Rock Shop & Jewelery Apple American Group, LLC Armada Auntie Anne's Pretzels Bayada Home Health Care Birdsfoot Golf Club Blackburn's Physicians Pharmacy **BNY Mellon** Bradfordwoods Couples Club Buchanan Ingersoll & Rooney BYS Yoga Carmeuse North America Carol Harris Staffing, LLC Century Equities Champtires Children's Hospital of Pittsburgh of UPMC **Cinemark Cinemas** Clifford's Restaurant Community Bank Corporate Environmental Solutions, LLC Crisis Center North Dickie, McCamey & Chilcote DLA+Architecture & Interior Design DICK'S Sporting Goods Diocese of Greensburg Eaton Electrical Services & Systems Eazor's Auto Salon Echo Realty Eighty Acres Kitchen & Bar Enkompas Etcetera/PK Designs Evergreen Insurance, LLC Fairmont Hotel Federated Investors FedEx Ground

Five for Fighting Flour & Sugar Cakery Fort Pitt Capital Group, Inc. Fox Chapel Golf Course Freeport Transport Industries, Inc. Fun Fore All The Gateway Engineers, Inc. Giant Eagle - Cranberry Giant Eagle, Inc. Girl Scout Troop 51508 Givegab Graff Towing & Auto Repair, LLC H & K Equipment, Inc. Half the Sky Action Group Heeter Hefren-Tillotson, Inc. Heinz Family Office Henderson Brothers Henne Jewelers Herb Brittner's Smoked Meats Highmark, Inc. Highmark Health The Hunter Family of Companies IM=X Pilates and Fitness Instant Imprints of Cranberry Izzazu Salon Spa & Blowout Bar Jersey Mike's Subs Kinero Cellars Kinetic Edge Physical Therapy & Wellness Kish Morrison Group Komatsu Mining Corp. Group KPMG Larrimor's Littler Mendelson, PC Louis Anthony Jewelers Madia Photography, Inc. Massaro Corporation Matthiason McCullough Grain McLaughlin Distillery Merry Maids Meyer, Unkovic & Scott, LLP Mitsubishi Electric Power Products, Inc. Mitsubishi Power Systems America Mobile Cause, Inc. Morgan Stanley Smith Barney MSA The Safety Company Mt. Pleasant United Presbyterian Church

Naturally Soergel's Network for Good Next Level Spine and Sports North Hills Community Outreach North Hills Toyota Northern Allegheny Lions Club Nothing Bundt Cakes NOVA Chemicals, Inc. Off The Hook Omni William Penn Hotel P.J. Dick Inc. & Trumbull Painting with a Twist Partner's Alliance, Inc. Pediatric Alliance PC Performance Leadership Institute PGT Trucking, Inc. Philips Respironics Pittsburgh Penguins Pittsburgh Symphony Orchestra PNC Financial Corporation PNC Wealth Management PPG Industries, Inc PricewaterhouseCoopers, LLP Primanti Bros. ProspHire, LLC Range Resources Corporation Raina's Catering RBC Wealth Management Ryan, LLC Senator John Heinz History Center Seven Springs Mountain Resort Sheetz Sir Speedy Soergels Orchards Soergels Orchardview Stables Springfield Grille Stonewall Resort The Carlton The Gateway Engineers Tri State Capital Bank TURFMaster, Inc. Uber Technologies, Inc. UPMC Health Plan Versa-Fab, Inc. Voelker & Associates, P.C. Wexford Ace Hardware Wexford Health and Wellness Willis Towers Watson Xodus Medical Zampogna Construction, Inc.

FOUNDATIONS

The Woodlands is grateful to the 51 foundations that made grants in 2018.

Babcock Charitable Trust Bank of America Charitable Foundation Benevity Community Impact Fund Bison Charitable Foundation Child Health Association of Sewickley Connemara Fund Crochier/Roberts Charitable Fund Double Eagle Foundation Eaton Charitable Fund Edith L. Trees Charitable Trust Emerson Charitable Trust **FISA** Foundation Glasser Family Foundation, Inc. Helen Forde Gander & Mary A. Baldwin Trust Herbert A. and Charles E. Kester Scholarship Fund of The Pittsburgh Foundation Huddle Up For Kids Foundation IGH Charitable Foundation. Inc. J&M DiDonato Family Foundation Jack Buncher Foundation Jeffrey and Lauren Troutman Fund for Charitable Giving

John R. and Margaret S. McCartan Charitable Fund of The Pittsburgh Foundation John and Betsy Baun Fund of The Pittsburgh Foundation Joseph M. & Paige C. Ritchey Charitable Fund Joy Global Foundation Korona-Hampp Family Fund L. Stanton and Dorothy R. Williams Fund of The Pittsburgh Foundation Lightcap Giving Account of Fidelity Charitable MLJ Adams Family Charitable Fund Make a Difference Foundation Massey Charitable Trust Milton G. Hulme Charitable Foundation Mitsubishi Electric America Foundation Norfolk Southern Foundation PPG Foundation Pitcairn-Crabbe Foundation Pittsburgh Pengins Foundation Pittsburgh Pirates Alumni Association, Inc.

Reldon & Hattie Cooper Charitable Foundation Rite Aid Foundation Robert & Mary Weisbrod Foundation Rockefeller Trust Co. The Barbara C. & Charles M. Davis Charitable Gift Fund The Buhl Foundation The Daniel & Barbara Shapira Philanthropic Fund of the Jewish Federation of Greater Pittsburgh The Rockwell Foundation The Seth and Pamela Pearlman Donor Advised Fund of the Jewish Federation of Greater Pittsburgh The Sydelle and Laibe Kessler Philanthropic Fund of the Jewish Federation of Greater Pittsburgh Usher Family Charitable Foundation TRT Wells Fargo Foundation West Penn Hospital Cot Club Charitable Trust Yoder Family Fund

EITC CONTRIBUTIONS

The following corporations made gifts to The Woodlands through the Pennsylvania Educational Improvement Tax Credit Program in 2018.

Dollar BankMSA The Safety CompanyS&T BankHefren-Tillotson, Inc.Reddinger, Will, Gallagher & Dickert, LLCUPMC Health Plan

CORPORATE AND COMMUNITY VOLUNTEER GROUPS

The Corporate Volunteer Program began in 2002 as a way to find assistance with maintenance needs such as raking leaves, painting, cleaning, and landscaping while providing corporations and groups with community service projects. Sixteen groups participated in 2018, several of them coming on multiple occasions.

Ally Financial American Eagle Outfitters DICK'S Sporting Goods Eaton Corporation FedEx Ground Global Tax Management Heartland ECSI Highmark K&L Gates LB Foster MSA The Safety Company Maxim Healthcare Rue 21 St. Catherine's of Sweden Verizon Willis Towers Watson

BENEFICIARY EVENTS

The Woodlands is grateful to the following for designating The Woodlands as the beneficiary of their efforts.

BYS Yoga Series Class Instant Imprints "Cheers to 1 Year Party" Jersey Mike's Month of Giving MSA Pro Football Alumni Sporting Clays Charity Classic North Allegheny School District "Jeans Day" Fundraiser OTB Bikeworks, Inc. Painting with a Twist South Fayette High School Circle of Friends Club Penny Wars Challenge Willard J. Tillotson, Jr. Memorial Golf Tournament



If I think the best part of the experience for our son, Patrick, is the confidence he gained from being away from home, first for a day, then a weekend and finally a full week. The staff at The Woodlands were able to quickly get to know him as an individual and understand what worked and what didn't in terms of his involvement in activities. Some he tried, others he didn't, but he developed his own identity and sense of self. At the end of the day, that is really all we would want for any of our kids! ¶

ANDREW J. MORRISON

VICE CHAIRMAN, THE WOODLANDS BOARD OF DIRECTORS



The Woodlands 134 Shenot Road Wexford, PA 15090 (724) 935-6533 mywoodlands.org

OUR MISSION

To enrich the lives of children and adults with disability and chronic illness.

