

Teen Camp Woodlands

Menu

Sunday June 23, 2019



*Menu subject to
change without
notice.
For special dietary
requirements, please
contact us at
724-935-5470

Breakfast

None Served

Lunch

None served

Dinner

BBQ Chicken Breast

Buttered Noodles

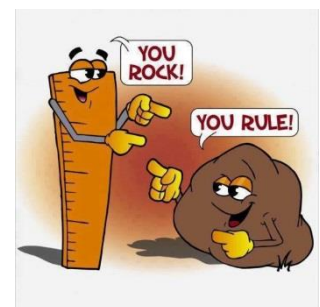
Crinkle Cut Cooked Carrots

Tossed Salad (salad mix, tomato & cucumber)

Chocolate Chip Cookie

Fruit Basket

Fruit Flavored Drink, Iced Tea, Milk, Water



Teen Camp Woodlands with Camp Woodlands Jr.

Menu

Monday June 24, 2019



Breakfast

Pancakes w/syrup

Sausage Links

Breakfast Buffet:

Cottage Cheese & Yogurt

Toast, English Muffins

Fruit Basket

Milk, Juice, Coffee, Tea



Lunch

Pulled Pork BBQ on a bun

Fries

Cantaloupe

Salad Bar: lettuce mix, tomatoes, cucumber, peppers, cheese, Cole Slaw, Black beans, Jell-O, assorted dressings

Fruit Basket

Fruit Flavored Drink, Iced Tea, Milk, Water

Dinner

Beef-a-roni (ground beef, diced tomatoes, macaroni, and marinara sauce)

Green Beans

Garlic Bread

Salad Bar: lettuce mix, spinach, tomatoes, cucumber, peppers, onion, cheese, Chick Peas, Beets, assorted dressings

Fruit Basket

Fruit Flavored Drink, Iced Tea, Milk, Water



Teen Camp Woodlands with Camp Woodlands Jr.

Menu

Tuesday June 25, 2019



Breakfast

Assorted Cereal (GF Cheerios or Rice Chex, Rice Krispies, Corn Flakes, Raisin Bran & Oatmeal)

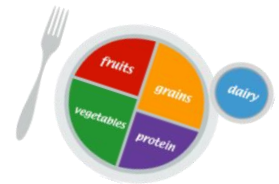
Breakfast Buffet:

Cottage Cheese & Yogurt

Toast, Bagels, English Muffins

Fruit Basket

Milk, Juice, Coffee, Tea



Lunch

Assorted Pizza (example: pepperoni, cheese, vegetable and white)

Carrots & Celery w/dip

Salad Bar: lettuce mix, tomatoes, cucumber, green peppers, onion, cheese, Peaches, Black beans, assorted dressings

Italian Ice

Fruit Basket

Fruit Flavored Drink, Iced Tea, Milk, Water

Dinner

BACKWARDS DAY: Breakfast at dinner

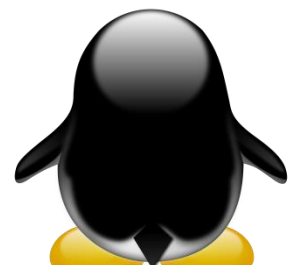
Pancake Wrap (pancake and sausage on a stick like a corndog)

Warm Cinnamon Apple Slices

Fresh Fruit & Yogurt Bar: watermelon, cantaloupe, honey dew, strawberries & blueberries, assorted yogurt and granola

Fruit Basket

Fruit Flavored Drink, Iced Tea, Milk, Water



Teen Camp Woodlands with Camp Woodlands Jr.



Menu

Wednesday June 26, 2019

Breakfast

French Toast w/syrup

Sausage Patty

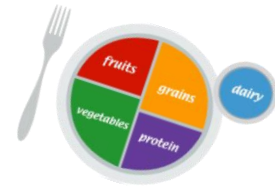
Breakfast Buffet:

Cottage Cheese & Yogurt

Toast, English Muffins

Fruit Basket

Milk, Juice, Coffee, Tea



Lunch

Cheesesteak Hoagie (steak and cheese on a hoagie roll)

Lettuce & Tomato

Orange wedges

Salad Bar: lettuce mix, tomatoes, cucumber, peppers, onion, cheese, Pudding Assortment, Chick Peas, assorted dressings

Fruit Basket

Fruit Flavored Drink, Iced Tea, Milk, Water

Dinner

Chicken Tenders

Mashed Potatoes w/gravy

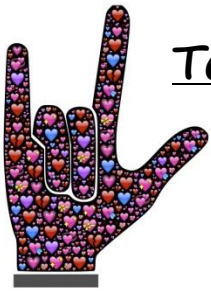
Mixed Vegetables

Salad Bar: lettuce mix, tomatoes, cucumber, green peppers, onion, cheese, Pasta Salad, black beans, asst. dressings

Fruit Basket

Fruit Flavored Drink, Iced Tea, Milk, Water





Teen Camp Woodlands with Camp Woodlands Jr.

Menu

Thursday June 27, 2019



Breakfast

Assorted Cereal (GF Cheerios or Rice Chex, Rice Krispies, Corn Flakes, Raisin Bran & Oatmeal)

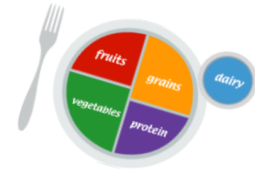
Breakfast Buffet:

Cottage Cheese & Yogurt

Toast, Bagels, English Muffins

Fruit Basket

Milk, Juice, Coffee, Tea



Lunch

Cheeseburger Mac & Cheese (Macaroni & Cheese with Chopped Hamburger)

Broccoli

Salad Bar: lettuce mix, tomatoes, cucumber, peppers, onion, cheese, Tuna Salad, Beets, assorted dressings

Frozen Treat

Fruit Basket

Fruit Flavored Drink, Iced Tea, Milk, Water

Dinner

Grilled Ham Slice

Macaroni Salad

Italian Blend Vegetables

Tossed Salad (salad mix, tomato & cucumber)

Ice Cream Sundae

Fruit Basket

Fruit Flavored Drink, Iced Tea, Milk, Water



Snack

Dance Night: Vegetables w/dip, Treat TBD, water & punch



Teen Camp Woodlands

Menu

Friday June 28, 2019

Brunch Buffet

Breakfast Burrito (tortilla, scrambled egg, sausage, & cheese with beans & salsa)

Brunch Buffet:

Assorted Cereal (GF Cheerios or Rice Chex, Rice Krispies, Corn Flakes, Raisin Bran & Oatmeal)

Hard Boiled Eggs

Yogurt & Cottage Cheese

Grapes

Assorted Muffins

Toast, Bagels, English Muffins

Fruit Basket

Milk, Juice, Coffee, Tea

