



Teen Retreat Weekend

February 15, 16, & 17, 2019

Menu

**Menu subject to change without notice.
For special dietary requirements, please contact us at*

724-935-5470

Friday Feb. 15, 2019

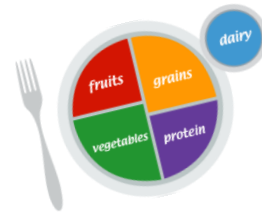
Dinner

- Hot Dog on a bun
- Pasta Salad
- Fruit Basket
- Fruit Flavored Beverage, Water

Saturday Feb. 16, 2019

Breakfast

- Blueberry Pancakes w/ syrup
- Bacon
- Toast, English muffins
- Fruit basket
- Milk, Juice, Coffee, Tea



Saturday

Lunch

- Hamburger on a bun
- Lettuce, tomato, cheese, pickle
- Salad Bar: (salad mix, tomatoes, cucumbers, peppers, cheese, **Tuna Salad**, **Pinto Beans**, assorted dressings)
- Fruit Basket
- Fruit Flavored Beverage, Water

Saturday

Dinner

- Grilled Chicken
- Buttered Noodles
- Vegetable Blend
- Chocolate Chip Cookie
- Fruit Basket
- Fruit Flavored Beverage, Water

Sunday Feb. 17, 2019

Breakfast

- Assorted Cereal (Cheerios, raisin bran, corn flakes, Rice Krispies, oatmeal asst., Rice Chex)
- Breakfast Quinoa w/cinnamon & maple syrup
- Toast, Bagels and English muffins
- Fruit Basket
- Milk, Juice, Coffee

*Milk available on request

