

**FRIENDSHIP**  
is the comfort that  
comes from knowing that even  
when you feel all alone, you aren't.  
DOLLIEORAVE.COM

## Adult Retreat Weekend

February 8, 9 & 10, 2019

### Menu

*\*Menu subject to  
change without notice.  
For special dietary  
requirements, please  
contact us at*

724-935-5470

**Friday Feb. 8, 2019**

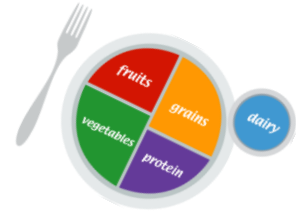
**Dinner**

Steak & Cheese Hoagie w/peppers and onions on the side  
Chips  
Fruit Basket  
Fruit Flavored Beverage, Water

**Saturday Feb. 9, 2019**

**Breakfast**

Egg, Black Bean & Spinach Quesadilla  
Toast, English muffins  
Fruit basket  
Milk, Juice, Coffee, Tea



**Saturday**

**Lunch**

Hot Turkey Sandwich (on wheat w/gravy)  
Mashed Potatoes  
Salad Bar (salad mix, tomatoes, cucumbers, peppers, cheese, **Linguini Salad, Pinto Beans**, assorted dressings)  
Fruit Basket  
Fruit Flavored Beverage, Water

*W/Cub Club & BLOOM*

**Saturday**

**Dinner**

Beef-a-roni (ground beef, marinara sauce, diced tomatoes, pasta)  
Broccoli  
Tossed Salad  
Snickerdoodle Cookie  
Fruit Basket  
Fruit Flavored Beverage, Water

**Sunday Feb. 10, 2019**

**Breakfast**

Assorted Cereal (Cheerios, raisin bran, corn flakes, Rice Krispies, oatmeal asst., Rice Chex)  
Belgian Waffle w/ syrup or warm cinnamon apples  
Toast, Bagels and English muffins  
Fruit Basket  
Milk, Juice, Coffee, Tea

\*Milk available on request

